

Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

Claims 1-27 (canceled)

Claim 28 (currently amended): A nutritional supplement comprising:

from about 50 mg to about ~~[[150]]~~ 500 mg of tribasic calcium phosphate;

from about 100 mg to about ~~[[300]]~~ 500 mg of omega-3 essential fatty acid from fish oil;

about 27 mg of carbonyl iron;

from about 10 mg to about ~~[[30]]~~ 300 mg of a linolenic acid compound, a linoleic acid compound, or a combination thereof;

about 30 mg of linoleic acid;

about 30 mg of sunflower oil;

about 25 mg of vitamin C;

from about 10 mg to about ~~[[25]]~~ 150 mg of vitamin B₆;

from about 0.5 mg to about ~~[[1]]~~ 3 mg of folic acid, folate, a derivative or metabolite thereof;

about 170 IU of vitamin D₃; and

about 30 IU of vitamin E;

wherein the capsule is a soft gelatin shell dosage form.

Claim 29 (canceled)

Claim 30 (withdrawn): A method of making a nutritional supplement for administration to said pregnant or lactating woman, the method comprising: dispersing at least one essential

fatty acid selected from the group consisting of essential fatty acids, precursors thereof, derivatives thereof and mixtures thereof with; at least one pharmaceutically acceptable iron compound into a vehicle to form a viscous mixture; and encapsulating the viscous mixture into a capsule.

Claim 31 (withdrawn): The nutritional supplement of claim 30 wherein the capsule is a soft gelatin shell dosage form.

Claim 32 (withdrawn): The method of claim 30 wherein the essential fatty acid includes an essential fatty acid selected from the group consisting of omega-3 fatty acids, omega-6 fatty acids and mixtures thereof.

Claim 33 (withdrawn): The method of claim 30 wherein the at least one essential fatty acid and the at least one pharmaceutically acceptable iron compound are dissolved in a vehicle including a saturated oil.

Claim 34 (withdrawn): The method of claim 30 wherein the nutritional supplement further includes at least one additive selected from the group consisting of diluents, binders, adhesives, lubricants, plasticizers, disintegrants, colorants, bulking substances, flavorings, sweeteners, fragrances, aromatics, edible oils, polymers, buffers, adsorbents and mixtures thereof.

Claim 35 (withdrawn/currently amended): A method of making a nutritional supplement for administration to said pregnant or lactating woman, the method comprising:

~~dispersing~~ dispersing at least one essential fatty acid selected from the group consisting of essential fatty acids, precursors thereof, derivatives thereof and mixtures thereof with at least one pharmaceutically acceptable iron compound that is non-reactive with the at least one essential fatty acid into a vehicle to form a viscous mixture; and

encapsulating the viscous mixture into a soft gelatin shell dosage.

Claim 36 (withdrawn): The method of claim 35 wherein the capsule is a soft gelatin shell dosage form.

Claim 37 (withdrawn): The method of claim 35 wherein the iron compound is carbonyl iron.

Claim 38 (withdrawn): The method of claim 35 wherein the iron compound is an encapsulated iron compound.

Claim 39 (withdrawn): The nutritional supplement of claim 35 further including at least one additive selected from the group consisting of diluents, binders, adhesives, lubricants, plasticizers, disintegrants, colorants, bulking substances, flavorings, sweeteners, fragrances, aromatics, edible oils, polymers, buffers, adsorbents and mixtures thereof.

Claim 40 (withdrawn): The method of claim 35 wherein the essential fatty acid includes an essential fatty acid selected from the group consisting of omega-3 fatty acids, omega-6 fatty acids and mixtures thereof.

Claim 41 (withdrawn): The method of claim 35 wherein the essential fatty acid includes an omega-3 fatty acid.

Claim 42 (withdrawn): The method of claim 35 wherein the essential fatty acid is an omega-3 fatty acid.

Claim 43 (withdrawn): The method of claim 35 wherein the essential fatty acid comprises; about 10 mg to 1000 mg of a first fatty acid compound for each compound selected from the group consisting of a linoleic acid compound, a linolenic acid compound, a derivative thereof and a combination thereof; about 10 mg to 1000 mg of a second fatty acid compound selected from the group consisting of a docosahexaenoic acid compound, an omega-3 fatty acid, an omega-2 fatty acid, a derivative thereof and a combination thereof; and wherein the weight ratio of said first fatty acid compound to said second fatty acid compound is about 1:0.01 to 10.

Claim 44 (withdrawn): The method of claim 35 wherein the essential fatty acid comprises; about 50 mg to 500 mg of a first fatty acid compound for each compound selected from the group consisting of a linoleic acid compound, a linolenic acid compound, a derivative thereof and a combination thereof; about 50 mg to 500 mg of a second fatty acid compound selected from the group consisting of a docosahexaenoic acid compound, an omega-3 fatty acid, an omega-2 fatty acid, a derivative thereof and a combination thereof; and wherein the weight ratio of said first fatty acid compound to said second fatty acid compound is about 1:0.09 to 2.5.

Claim 45 (withdrawn): The method of claim 35 wherein the essential fatty acid comprises; about 100 mg to 300 mg of a first fatty acid compound for each compound selected from the group consisting of a linoleic acid compound, a linolenic acid compound, a derivative thereof and a combination thereof; about 100 mg to 300 mg of a second fatty acid compound selected from the group consisting of a docosahexaenoic acid compound, an omega-3 fatty acid, an omega-2 fatty acid, a derivative thereof and a combination thereof; and wherein the weight ratio of said first fatty acid compound to said second fatty acid compound is about 1:1 to 2.

Claim 46 (withdrawn): The method of claim 35 wherein the at least one essential fatty acid includes at least one fatty acid selected from the group consisting of linolenic acid, linoleic acid, precursors thereof, derivatives thereof and mixtures thereof.

Claim 47 (withdrawn): The method of claim 35 wherein the at least one essential fatty acid includes at least one essential fatty acid selected from the group consisting of arachidonic acid, docosahexanoic acid, eicosapentanoic acid, precursors thereof, derivatives thereof and mixtures thereof.

Claim 48 (withdrawn): The method of claim 35 further including folic acid, folate, a derivative or metabolite thereof.

Claim 49 (withdrawn): The method of claim 48 wherein the folic acid, folate, a derivative or metabolite thereof is less than about 5 mg.

Claim 50 (withdrawn): The method of claim 48 wherein the folic acid, folate, a derivative or metabolite thereof is from about 0.4 mg to about 5 g.

Claim 51 (withdrawn): The method of claim 35 further including calcium.

Claim 52 (withdrawn): The method of claim 51 wherein the calcium is selected from the group consisting of dicalcium phosphate and tricalcium phosphate.

Claim 53 (withdrawn): The method of claim 35, wherein the nutritional supplement further comprises vitamin C.

Claim 54 (withdrawn): The method of claim 53, wherein the vitamin C is selected from the group consisting of calcium ascorbate, calcium threonate and mixtures thereof.

Claim 55 (withdrawn): The method of claim 35, wherein the nutritional supplement further comprises vitamin B6.

Claim 56 (withdrawn): The method of claim 35 wherein the at least one essential fatty acid and the at least one pharmaceutically acceptable iron compound are dissolved in a vehicle including a saturated oil.

Claim 57 (withdrawn): A method of providing nutritional support to a pregnant or lactating woman and her child, which comprises administering a nutritional supplement for administration to said pregnant or lactating woman, the nutritional supplement comprising:

about 150 mg of tribasic calcium phosphate;

about 300 mg of omega-3 essential fatty acid from fish oil;

about 27 mg of carbonyl iron;

about 30 mg of linolenic acid; about 30 mg of linoleic acid;

about 30 mg of sunflower oil;

about 25 mg of vitamin C;

about 25 mg of vitamin B6; about 1 mg of folic acid, folate, a derivative or metabolite thereof;

about 170 IU of vitamin D3; and

about 30 IU of vitamin E.

Claim 58 (withdrawn): The nutritional supplement of claim 57 wherein the capsule is a soft gelatin shell dosage form.

Claim 59 (withdrawn): A method for administering a nutritional supplement, the method comprising: orally administering to a pregnant or lactating woman a capsule comprising; at least one essential fatty acid selected from the group consisting of at least one essential fatty acid, at least one essential fatty acid precursor, at least one derivative of

an essential fatty acid and mixtures thereof; and at least one pharmaceutically acceptable iron compound; wherein said nutritional supplement is provided in a soft gelatin shell dosage.

Claim 60 (withdrawn): The method of claim 59 wherein the capsule is a soft gelatin shell dosage form.

Claim 61 (withdrawn): The method of claim 59 wherein the essential fatty acid is selected from the group consisting of omega-3 fatty acids, omega-6 fatty acids and mixtures thereof.

Claim 62 (withdrawn): The method of claim 59 wherein the at least one essential fatty acid and the at least one pharmaceutically acceptable iron compound are dissolved in a vehicle including a saturated oil.

Claim 63 (withdrawn): The method of claim 59 wherein the nutritional supplement further includes at least one additive selected from the group consisting of diluents, binders, adhesives, lubricants, plasticizers, disintegrants, colorants, bulking substances, flavorings, sweeteners, fragrances, aromatics, edible oils, polymers, buffers, adsorbents and mixtures thereof.

Claim 64 (withdrawn): A method for administering a nutritional supplement, the method comprising:

orally administering to a pregnant or lactating woman a capsule comprising; at least one essential fatty acid selected from the group consisting of at least one essential fatty acid, at least one essential fatty acid precursor, at least one derivative of an essential fatty acid and mixtures thereof; and

at least one pharmaceutically acceptable iron compound that is non-reactive with the at least one essential fatty acid;

wherein said nutritional supplement is provided in a soft gelatin shell dosage.

Claim 65 (withdrawn): The method of claim 64 wherein the capsule is a soft gelatin shell dosage form.

Claim 66 (withdrawn): The method of claim 64 wherein the iron compound is carbonyl iron.

Claim 67 (withdrawn): The method of claim 64 wherein the iron compound is an encapsulated iron compound.

Claim 68 (withdrawn): The method of claim 64 wherein the nutritional supplement further includes at least one additive selected from the group consisting of diluents, binders, adhesives, lubricants, plasticizers, disintegrants, colorants, bulking substances, flavorings, sweeteners, fragrances, aromatics, edible oils, polymers, buffers, adsorbents and mixtures thereof.

Claim 69 (withdrawn): The method of claim 64 wherein the essential fatty acid is selected from the group consisting of omega-3 fatty acids, omega-6 fatty acids and mixtures thereof.

Claim 70 (withdrawn): The method of claim 64 wherein the essential fatty acid includes an omega-3 fatty acid.

Claim 71 (withdrawn): The method of claim 64 wherein the essential fatty acid is an omega-3 fatty acid.

Claim 72 (withdrawn): The method of claim 64 wherein the essential fatty acid comprises; about 10 mg to 1000 mg of a first fatty acid compound for each compound selected from the group consisting of a linoleic acid compound, a linolenic acid compound, a derivative thereof and a combination thereof; about 10 mg to 1000 mg of a second fatty acid compound selected from the group consisting of a docosahexaenoic acid compound, an omega-3 fatty acid, an omega-2 fatty acid, a derivative thereof and a combination thereof; and wherein the weight ratio of said first fatty acid compound to said second fatty acid compound is about 1:0.01 to 10.

Claim 73 (withdrawn): The method of claim 64 wherein the essential fatty acid comprises; about 50 mg to 500 mg of a first fatty acid compound for each compound selected from the group consisting of a linoleic acid compound, a linolenic acid compound, a derivative thereof and a combination thereof; about 50 mg to 500 mg of a second fatty acid compound selected from the group consisting of a docosahexaenoic acid compound, an omega-3 fatty acid, an omega-2 fatty acid, a derivative thereof and a combination thereof; and wherein the weight ratio of said first fatty acid compound to said second fatty acid compound is about 1:0.09 to 2.5.

Claim 74 (withdrawn): The method of claim 64 wherein the essential fatty acid comprises; about 100 mg to 300 mg of a first fatty acid compound for each compound selected from the group consisting of a linoleic acid compound, a linolenic acid compound, a derivative thereof and a combination thereof; about 100 mg to 300 mg of a second fatty acid compound selected from the group consisting of a docosahexaenoic acid compound, an omega-3 fatty acid, an omega-2 fatty acid, a derivative thereof and a combination thereof; and wherein the weight ratio of said first fatty acid compound to said second fatty acid compound is about 1:1 to 2.

Claim 75 (withdrawn): The method of claim 64 wherein the at least one essential fatty acid includes at least one fatty acid selected from the group consisting of linolenic acid, linoleic acid, precursors thereof, derivatives thereof and mixtures thereof.

Claim 76 (withdrawn): The method of claim 64 wherein the at least one essential fatty acid includes at least one essential fatty acid selected from the group consisting of arachidonic acid, docosahexanoic acid, eicosapentanoic acid, precursors thereof, derivatives thereof and mixtures thereof.

Claim 77 (withdrawn): The method of claim 64 further including folic acid, folate, a derivative or metabolite thereof.

Claim 78 (withdrawn): The method of claim 77 wherein the folic acid, folate, a derivative or metabolite thereof is less than about 5 mg.

Claim 79 (withdrawn): The method of claim 77 wherein the folic acid, folate, a derivative or metabolite thereof is from about 0.4 mg to about 5 mg.

Claim 80 (withdrawn): The method of claim 64 further including calcium.

Claim 81 (withdrawn): The method of claim 80 wherein the calcium is selected from the group consisting of calcium carbonate, dicalcium phosphate, tricalcium phosphate and mixtures thereof.

Claim 82 (withdrawn): The method of claim 64, further comprising vitamin C.

Claim 83 (withdrawn): The method of claim 82, wherein said vitamin C is comprised of calcium ascorbate and calcium threonate.

Claim 84 (withdrawn): The method of claim 64, further comprising vitamin B6.

Claim 85 (withdrawn): The method of claim 64 wherein the at least one essential fatty acid and the at least one pharmaceutically acceptable iron compound are dissolved in a vehicle including a saturated oil.

Claim 86 (withdrawn): A method for administering a nutritional supplement, the method comprising:

orally administering to a pregnant or lactating woman a capsule comprising;

about 150 mg of tribasic calcium phosphate;

about 300 mg of omega-3 essential fatty acid from fish oil;

about 27 mg of carbonyl iron;

about 30 mg of linolenic acid;

about 30 mg of linoleic acid;

about 30 mg of sunflower oil;

about 25 mg of vitamin C;

about 25 mg of vitamin B6;

about 1 mg of folic acid, folate, a derivative or metabolite thereof;

about 170 IU of vitamin D3; and

about 30 IU of vitamin E.

Claim 87 (withdrawn): The method of claim 86 wherein the capsule is a soft gelatin shell dosage form.

Claim 88 (withdrawn): The method of claim 86 wherein the nutritional supplement further includes at least one additive selected from the group consisting of diluents, binders, adhesives, lubricants, plasticizers, disintegrants, colorants, bulking substances,

flavorings, sweeteners, fragrances, aromatics, edible oils, polymers, buffers, adsorbents and mixtures thereof.

Claim 89 (new): The nutritional supplement of claim 28 wherein the iron compound comprises carbonyl iron.

Claim 90 (new): The nutritional supplement of claim 28 wherein the iron compound comprises an encapsulated iron compound.

Claim 91 (new): The nutritional supplement of claim 28 further including at least one additive selected from the group consisting of diluents, binders, adhesives, lubricants, plasticizers, disintegrants, colorants, bulking substances, flavorings, sweeteners, fragrances, aromatics, edible oils, polymers, buffers, adsorbents and mixtures thereof.

Claim 92 (new): The nutritional supplement of claim 28 wherein the weight ratio of the linolenic acid compound, linoleic acid compound, or combination thereof to the omega-3 fatty acid is about 1:0.1 to 10.

Claim 93 (new): The nutritional supplement of claim 92 wherein the weight ratio of the linolenic acid compound, linoleic acid compound, or combination thereof to the omega-3 fatty acid is about 1:0.09 to 2.5.

Claim 94 (new): The nutritional supplement of claim 93 wherein the weight ratio of the linolenic acid compound, linoleic acid compound, or combination thereof to the omega-3 fatty acid is about 1:1 to 2.

Claim 95 (new): The nutritional supplement of claim 28 wherein the vitamin C is comprised of calcium ascorbate, calcium threonate, and combinations thereof.

Claim 96 (new): The nutritional supplement of claim 28 wherein the calcium is selected from the group consisting of calcium carbonate, dicalcium phosphate, tricalcium phosphate, and combinations thereof.

Claim 97 (new): The nutritional supplement of claim 28 wherein the linolenic acid, linoleic acid, or combination thereof and the omega-3 fatty acid and the iron compound are dissolved in a vehicle including a saturated oil.